VIDYASAGAR UNIVERSITY

A Project Work On

A Comparative study on Health Status between Antacid consumer and non consumer woman

This project work is submitted for the partial fulfillment for the award of degree of B.Sc. (Hons) from Vidyasagar University









Submitted by

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TO WHOM IT MAY CONCERN

This is to certify that Tanima Maiti (Roll:1125129; No.: 220187; Regn. No.: VU221291261 of Session: 2022-2023) a student of B.Sc. Part –III,(5th sem) Dept. of Nutrition, under Vidyasagar University, Paschim Medinipur, has completed her project work under my guidance on the topics 'A comparative Study on Health Status between antacid consumer and non consumer woman'for the partial fulfillment for the award of degree of B.Sc. from Vidyasagar University.

I am satisfied for her performance. She is energetic and up to date in her work; I wish success in her life.

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A Comparative study on Health Status between Antacid consumer and non consumer woman.

ABSTRACT

In family needs in everyday life; housekeeping and maintaining the home; and making clothes for the family—and who is not employed outside the home. A housewife may also be called a stay-at-home mother or "SAHM". In the present study a survey was conducted to compare health status between Antacid consumer and non consumer urban woman. The survey was carried out at Bhagwanpur-II block area, Purba Medinipur, West Bengal. The data was collected for Antacid consumer (n=15) and for Antacid non consumer (n=15). A housewife is a woman whose occupation is running or managing her family's home caring for her children; buying, cooking, and storing food for the family. The survey was found that different measurements like height, weight, blood pressure, pulse rate, waist and hip circumferences, were carried out. The participants were asked about their hygienic condition and diseases. It was found that there was no significant (p>0.05) differences in body mass index, systolic pressure, diastolic pressure, pulse pressure, pulse rate between antacid consumer and non consumer woman. But it has noticed that waist hip ratio are significantly (p<0.05) lower in antacid consumer as compare to non consumer. It was observed that more percentage of antacid consumer was suffering from anemia, constipation, Menstruation, hypertension, as compare to antacid non consumer. It was found that more percentage non consumer were hygienic is proper maintain from washing of hands after toilet and washing of cooking utensils consumer.

Keywords: antacid consumer and non consuer woman, Health, Comparison, Body mass index, Waist-hip ratio, Disease, and Hygienic condition.

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Plate 1: Different activities during survey of antacid consumer woman of Bhagwanpur-II Block area



Plate2: Different activities during survey of antacid non consumer woman of Bhagwanpur-II Block area